Apartment & Housing Resources

UCLA offers a variety of resources to help identify affordable, local and commuter friendly living arrangements throughout the Los Angeles area. Finding affordable housing can be time consuming so make sure you begin your search in the months leading up to the start of your academic appointment. We hope the links and services provided here can help guide your search and find the right fit for you.

**UCLA Housing Services Office**

**UCLA Housing Services Office**
https://housing.ucla.edu
https://housing.ucla.edu/postdoctoral-housing
Postdoctoral candidates may apply to live in the University Apartments (both Family Student Housing and Mixed-Use Housing), but must have a valid University ID Number assigned by their department. They must also provide proof from the Division of Graduate Education showing the beginning and end date of the appointment.

**UCLA Housing Services Office: Housing for Students with Families:**
https://housing.ucla.edu/student-housing/students-with-families
Information about UCLA-owned University Apartments that offers independence, as well as access to a university community of fellow students and scholars.

**Additional Housing Resources and Information**

**UCLA Housing Services Office: Neighborhood Profiles**
https://housing.ucla.edu/community-housing/resources/neighborhood-profiles
Information about the communities in the Greater Los Angeles area.

**Los Angeles Times: Mapping L.A. Neighborhoods**
http://maps.latimes.com/neighborhoods
Portal to individual maps and statistics for 158 cities and unincorporated places and 114 neighborhoods within the city of Los Angeles.

**Daily Bruin: Classified Ads: Apartments for Rent**
http://wp.dailybruin.com/classification/apartments-for-rent
The Daily Bruin is the student newspaper at UCLA.

**UCLA Extension: Housing Information for International Students**
http://international.uclaextension.edu/housing/
Apartment & Housing Resources

Non-Affiliated Resources
Please be aware that UCLA Division of Graduate Education does not manage, endorse, or make specific recommendations regarding the facilities listed below. This information is provided to assist Postdoctoral Scholars. The providers listed are not the only options available. Further, all housing contracts and arrangements are between postdocs and housing providers and are not the responsibility of UCLA. You are responsible for arranging your own accommodations directly with the housing provider of your choice. Learn more about scams and how to stay safe: https://internationalcenter.ucla.edu/scams-and-safety

Apartments.com: [https://apartments.com](https://apartments.com)
Local listings of apartments, condos, homes, and town homes in the Los Angeles area. Offers email alerts and notifications. Free online support is available.

[craigslist]: [https://losangeles.craigslist.org/](https://losangeles.craigslist.org/)
Avoiding Scams: [https://craigslist.org/about/scams](https://craigslist.org/about/scams)
Offers housing opportunities from individuals. Support and resources vary per listing. Please see above link for more information regarding personal safety.

ForRent.com: [https://forrent.com](https://forrent.com)
Lists both local and national rental opportunities and offers an advice column, newsletter, blog, and budget calculator for free. All listings are prescreened. Offers online support.

HotPads: [https://hotpads.com/](https://hotpads.com/)
Presents local and national listings based on their geographic amenities, location, and price for free. Support varies per listing.

RENTCafé: [https://rentcafe.com](https://rentcafe.com)
Features national and local apartment listings directly from property managers. Verifies all listings. Offers numerous online support options for renters.

Trulia: [https://trulia.com](https://trulia.com)
Offers information about apartments for rent, neighborhood insights, markets and trends for both local and national interests. Email alerts are available. Support varies per listing.

Westside Rentals: [https://westsiderentals.com](https://westsiderentals.com)
Offers an in-app options and alerting system for rental opportunities in Los Angeles. Ability to post and view listings as well as connect with current tenants and landlords for free. Offers in-person and online support.

Uloop: [https://ucla.uloop.com/housing](https://ucla.uloop.com/housing)
Uloop is the private social network for UCLA.

Zillow: [https://zillow.com](https://zillow.com)
Lists national rental opportunities for free. Verifies managing companies and provides online scheduling. Provides reviews of rentals in the selected area.

Zuma Housing: [https://zumahousing.com](https://zumahousing.com)
Previews rental opportunities specific to UCLA and other UC campus listings. Filter available by lease contract length. All housing is furnished.
Resources for Postdoctoral Scholars

Behavioral Intervention Team

Behavioral Intervention Team (BIT) is a multidisciplinary team consisting of representatives from various campus offices that are dedicated to taking a proactive approach to workplace safety in an effort to prevent dangerous incidents before they occur.

Behavioral Intervention Team
Wilshire Center, Suite 200
(310) 794-0422
https://chr.ucla.edu/behavioral-intervention-team

Conflict Resolution

If you require assistance with conflict resolution, the Ombuds Office will work with individuals or groups to resolve issues through mediation or confidential counseling.

Office of Ombuds Services
Strathmore Building, Suite 105
(310) 825-7627
http://www.ombuds.ucla.edu/

Postdoctoral Scholars Benefits Plan

Gallagher Benefits Services (GBS) offers a comprehensive package of benefits to University of California postdoctoral scholars to match the benefits of other UC Faculty and Staff. Newly hired postdocs have 31 days from their hire date to enroll in plan choices.

Gallagher Benefits Services
(800) 254-1758
UniversityServices.GBS.pspb@ajig.com
https://clients.garnett-powers.com/pd/uc/

Academic Case Managers

The Case Managers for Graduate Students and Postdoctoral Scholars support postdocs by consulting about available resources and options for health and wellness needs, insurance concerns, and university policy/ protections.

Academic Case Management
1237 Murphy Hall
casemanagers@grad.ucla.edu
Or Submit An Intake Form:
https://sa.ucla.edu/forms/p/acm

Counseling

The Staff and Faculty Counseling Center (SFCC) offers confidential and professional counseling for faculty, staff, and their families.

Staff and Faculty Counseling Center
Wilshire Center, Suite 380
(310) 794-0245
https://chr.ucla.edu/employee-counseling

Whistleblower

As a public institution, the university has a responsibility to the public, the legislature, students, faculty, staff and donors to conduct its affairs ethically and in compliance with laws and regulations. If you want to report an improper governmental activity, please contact:

Whistleblower Hotline
(800) 403-4744
https://universityofcalifornia.edu/hotline

Last Revised: 01/31/2023
Resources for Postdoctoral Scholars

Employee & Labor Relations (Campus)
If you require assistance concerning a matter of employment or work related issues on the main campus, please contact:

Employee & Labor Relations,  
Campus Human Resources  
Wilshire Center, Suite 200  
(310) 794-0860  
labor.relations@chr.ucla.edu  
https://chr.ucla.edu/employee-and-labor-relations

Employee & Labor Relations (Health)
If you require assistance concerning a matter of employment or work related issues in UCLA Health or David Geffen School of Medicine, please contact:

Employee and Labor Relations, UCLA Health Human Resources  
Wilshire Center, Suite 390  
(310) 794-0500  
https://uclahealth.org/hr/elr

Staff Diversity and Compliance
If you require assistance concerning a matter of gender-based discrimination or sexual harassment involving staff members, please contact:

Staff Diversity and AA/EEO Compliance Office  
Wilshire Center, Suite 1050  
(310) 794-0691  
StaffDiversity@chr.ucla.edu  
https://www.chr.ucla.edu/staff-diversity/staff-diversity-aa-eeo-compliance-directory

Title IX/Sexual Harassment Office
If you require assistance concerning a matter of discrimination or sexual harassment involving faculty members, please contact:

Title IX Office  
2255 Murphy Hall  
(310) 263-3417  
titleix@conet.ucla.edu  
https://sexualharassment.ucla.edu/

Insurance and Risk Management
Employee Disability Management Services include consulting job analyses, interactive process, reasonable accommodations, transitional return to work and vocational rehabilitation education.

Insurance and Risk Management  
Wilshire Center, Suite 860  
(310) 794-6948  
https://irm.ucla.edu/

Union Representation
UAW Local 5810 is the exclusive representative for the purposes of collective bargaining with respect to wages, hours and terms and conditions of employment for all UC Postdoctoral Scholars. UAW Local 5810 is the union of more than 6,500 Postdoctoral Scholars at the University of California.

UAW Local 5810  
(510) 845-5726  
uaw5810@uaw5810.org  
http://uaw5810.org/

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Professional Development Resources for Postdoctoral Scholars

UCLA Campus Human Resources
UC Learning Center
UCLA offers a wide variety of development programs to build job skills to empower you for the role you have and to foster the career you hope to develop. Programs extend to all segments of the workforce. Visit www.lms.ucla.edu for information regarding enrollment and to view course descriptions and explore all offerings. https://chr.ucla.edu/training-and-development

Graduate Career Services
Graduate Career Services is a partnership between UCLA Career Center and UCLA Graduate Division that offers professional development workshops, events, and services to graduate students and postdoctoral scholars. Workshops and events are available to postdocs. https://career.ucla.edu/grad

Excellence in Pedagogy and Innovative Classrooms (EPIC)
The Excellence in Pedagogy and Innovative Classrooms (EPIC) Program is dedicated to innovating and strengthening humanities pedagogy for both faculty and graduate students at UCLA. Resources & events open to postdocs. https://epic.ucla.edu

For BioScience Postdocs
Professional development support such as fellowship writing, wellness and resiliency, teaching, and responsible conduct of research for bioscience postdocs. https://www.biomedpostdoc.ucla.edu

Center for Education Innovation & Learning in the Sciences (CEILS)
CEILS serves as a clearinghouse for the education tools and assessment resources instructors need to engage in effective, validated teaching practices that promote student learning, create inclusive and culturally-responsive classrooms, and retain students in Life and Physical Sciences majors. All programming available to postdocs. https://ceils.ucla.edu

Center for the Integration of Research, Training, & Learning (CIRTL@UCLA)
The CIRTL@UCLA program supports the professional and career development of graduate students, postdoctoral scholars, and current faculty who are engaged in teaching now, or who are considering academic careers. All programming available to postdocs. https://cirtl.ceils.ucla.edu

Center for the Advancement of Teaching (CAT)
UCLA’s Center for the Advancement of Teaching (CAT) provides multiple services, resources, and programs to enhance and support teaching excellence, innovation, and inclusivity. Workshops & events are open to postdocs. https://teaching.ucla.edu

Visit http://postdoc.ucla.edu/professional-development for more information.
National Postdoctoral Association Affiliate Membership

UCLA is an organizational member of the National Postdoctoral Association (NPA). One of the greatest benefits is you can become an Affiliate Member of the NPA for free! We encourage everyone to take advantage of this opportunity to help you network with other postdocs across the country and gain access to members only resources that can help further your career.

**Signing up is simple.** Click on this [link](http://postdoc.ucla.edu/professional-development) and follow the registration process. Once you click “Submit” the NPA Staff will review your Affiliate membership within five working days, and you will receive an email when it has been approved.

As an NPA Affiliate Member, you are entitled to these benefits:

- **Connect** with fellow postdocs across the country through the NPA network.
- **Learn** from subject matter experts how to navigate pressing issues, from career exploration to improving health and well-being.
- **Empower** your career by volunteering with the NPA to grow leadership skills and your networks.
- **Access** to NPA resources including a boutique postdoc career center and tools for postdocs and organizations.
- **Participate** in research that tracks evolving issues impacting the postdoc community.
- **Support** the national voice of postdocs and postdoc offices on critical policy issues, such as immigration.
- **Reduced registration fees** to the NPA Annual Conference & eligibility for the NPA travel award program.

**About the NPA**

The NPA serves the postdoctoral community, including more than **18,000 individual members** and some **200 organizational members** that represent approximately **80,000 postdoctoral researchers** from a diversity of disciplines.

The NPA has developed or collected resources such as: Survival Guide for International Postdocs; Family-Friendly Resources; *The Advancing Postdoc Women Guidebook*; *From Ph.D. to Professoriate: The Role of the Institution in Fostering the Advancement of Postdoc Women*; as well as several workshop/webinar series in their Resource Library.

Visit [http://postdoc.ucla.edu/professional-development](http://postdoc.ucla.edu/professional-development) for more information.

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